

FACTORS AFFECTING MILK YIELD & COMPOSITION

1. Species
2. Breed
3. Individuality
4. Interval of milking
5. Frequency of milking
6. Disease and abnormal condition
7. Portion of milking- (Fore milk and Stripping)
8. Stage of lactation
9. Feeding
10. Season
11. Age
12. Condition of cow at calving
13. Administration of drugs and hormones

❖ Maximum milk production: 4th Lactation

❖ Peak milk Yield : 3-6 weeks post calving

❖ Breed:

- HF: Highest milk yield/ lactation and lowest milk fat
- Highest milk fat : Cow: Exotic - Jersey (5.5%)
Indian - Red Sindhi
Buffalo: Bhadawari (milk fat 14%)
- Foremilk is low in fat(1%), while the last milk (strippings) is always quite high in fat (10%)

- Basic unit of milk Synthesis: Alveoli
- The proportion of milk stored in cistern/alveolus: Goat-80:20, Sheep:- 50:50 , Cattle:-30:70 , Buffalo & Camel :-5:95 , Sow:- 0:100
- Hormone responsible for let down of milk: Oxytocin (Half life: 5-7 minutes - normal milking time)--- synthesized in hypothalamus--- secreted by post. Pituitary)
- Hormone responsible for Holding of milk: Epinephrine
- Milk letdown without oxytocin reflex: Goat
- Blood supply: Artery: external pudic Vein: Subcutaneous abdominal vein
(milk vein)

Cooling & Transportation Of Milk

- Common milk bacteria grow best b/w 20-40°C
- Freshly drawn raw milk should be promptly cooled to 5°C or below till processed
- Metals for dairy equipments: 18:8 stainless steel (18% Chromium & 8% Nickel) or aluminum alloy
- Green corrosion product Verdigris - when stored in Copper vessels

Temp. for 18 hours	Bacterial growth factor
0	1.0
5	1.05
10	1.80
15	10.00
20	20.00
25	120000.00

Cooling

- In can or Can immersion method
- Surface cooler
- In tank or bulk tank cooler

Preservatives in milk

- Mercuric Chloride: 300- 800 ppm
- Formalin: 0.4/100ml
- Hydrogen Peroxide
- Potassium dichromate

LP system

- lactoperoxidase- enzyme (bovine milk - 30 $\mu\text{g}/\text{ml}$)
- Thiocyanate- substrate
- Hydrogen peroxide - Promoter

sodium thiocyanate and H_2O_2 when added in 14:30 mg/ litre improves keeping quality to 10Hr at 37 °C

bactericidal to Gram-ve and bacteriostatic to Gram +ve

Standardization

- adjusting the fat and solids-not-fat (SNF) content of milk to meet specific standards or requirements.
- By removal of excess fat or addition of skim milk or cream
- standardized milk must have a minimum fat content of 4.5% and SNF content of 8.5%

Pasteurization

- process of heating every particle of milk to at least 63°C for 30 min or 72°C for 15s or to any temperature-time combination which is equally efficient, in a properly operated equipment.
- After pasteurization, the milk is immediately cooled to 5°C or below.
- started by Louis Pasteur in Wine and Dr. Soxhlet in milk

Importance and Drawbacks

- **Importance of Pasteurization**

- To render milk safe for human consumption by destroying all the pathogenic microorganisms.

- To improve keeping quality of milk by **killing almost all spoilage organisms (85-99%)**

- **Drawbacks of Pasteurization**

- It diminishes the cream line or cream volume (by denaturation of cryoglobulins)

- Pasteurized milk may increase the renneting time.

- **It fails to destroy bacterial toxins and Accumulation of milk-stone in the heating section**

METHODS OF PASTEURIZATION

1. Batch or holding pasteurization (LTLT)	63 ° C for 30 minutes
2. High Temperature Short Time (HTST) pasteurization/ Flash pasteurization	72 ° C for 15 sec
3. Electric pasteurization	Using electricity for 15-20 sec
4. Vacuum pasteurization (vacreation)	under reduced pressure by direct steam
5. Ultra high temperature pasteurization	135 ° C to 150 ° C for no hold
6. In- bottle pasteurization	63-66 ° c for 30 minutes
7. Stassanization	74 ° c for 7 sec
8. Uperization/ultra – pasteurization	150 ° c for a fraction of a second

LTLT

- Batch or Holding pasteurization
- heated to a minimum of 62.7°C and held at this temperature for minimum 30 min and cooled as rapidly as possible to 4°C .
- The LTLT pasteurizer may be of three types
 - *Water - jacketed vat*
 - *Water-spray type*
 - *Coil-vat type*

HTST - Flash pasteurization

- **Modern method** : 72 ° C for 15 sec
- regenerative heating and cooling in plate heat exchanger
- Heating by hot water or steam
- Coolant: **Chilled water or glycol**

- **Pressure in HTST: Pasteurized milk 15 psi; raw milk 14 psi; heating/cooling media 12-13 psi**

- * **Regeneration efficiency: 85-90%**
= $\frac{\text{temp. after regenerative heating} - \text{initial temp.}}{\text{temp. after final heating} - \text{initial temp.}}$

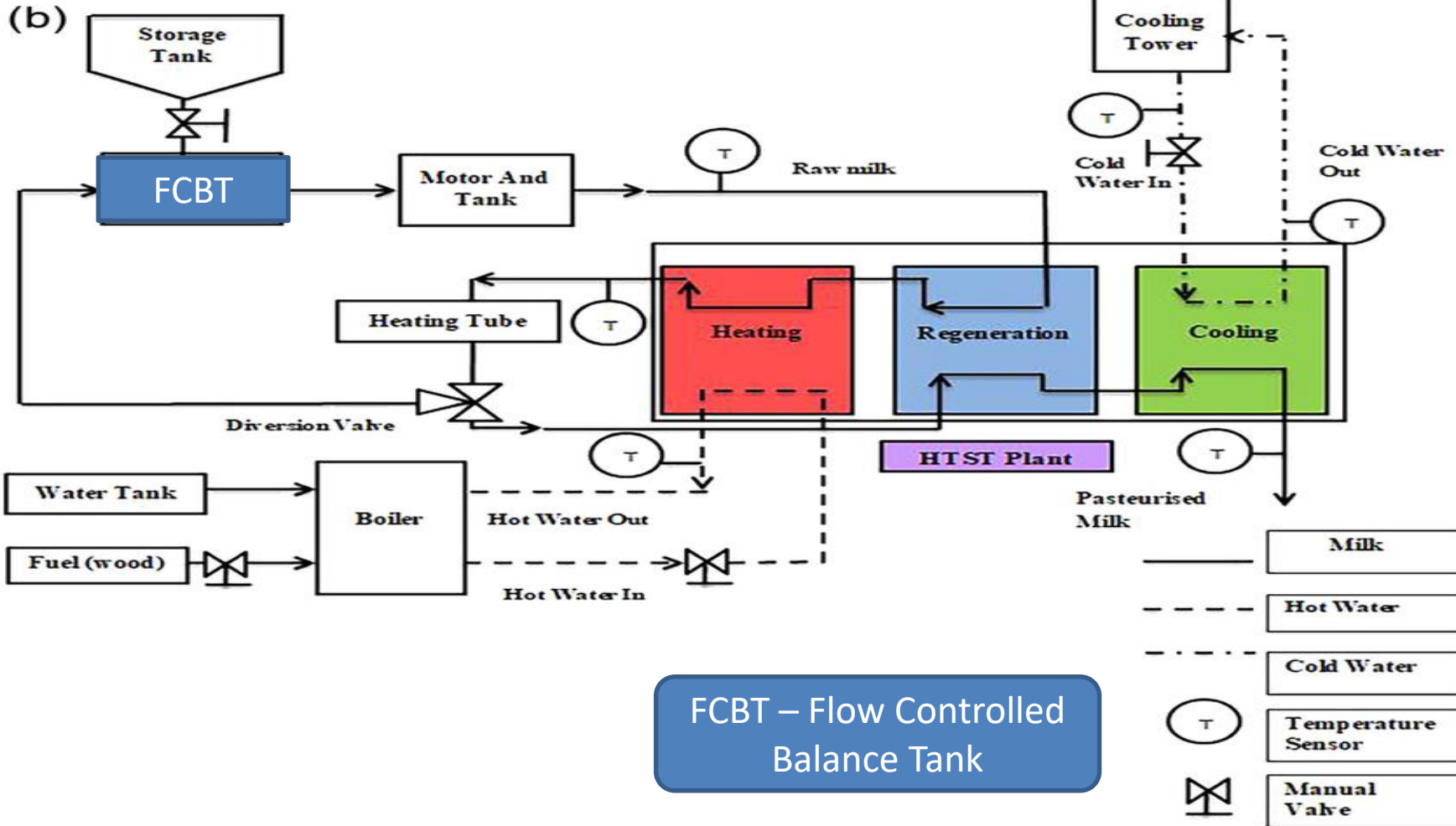
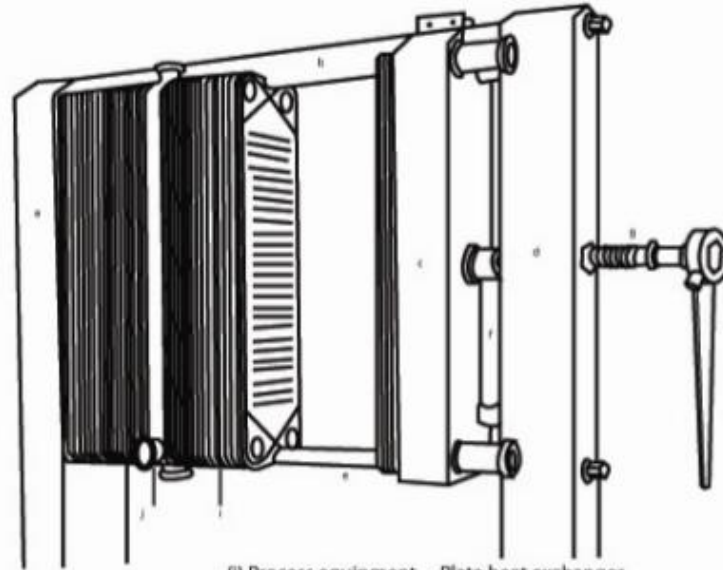


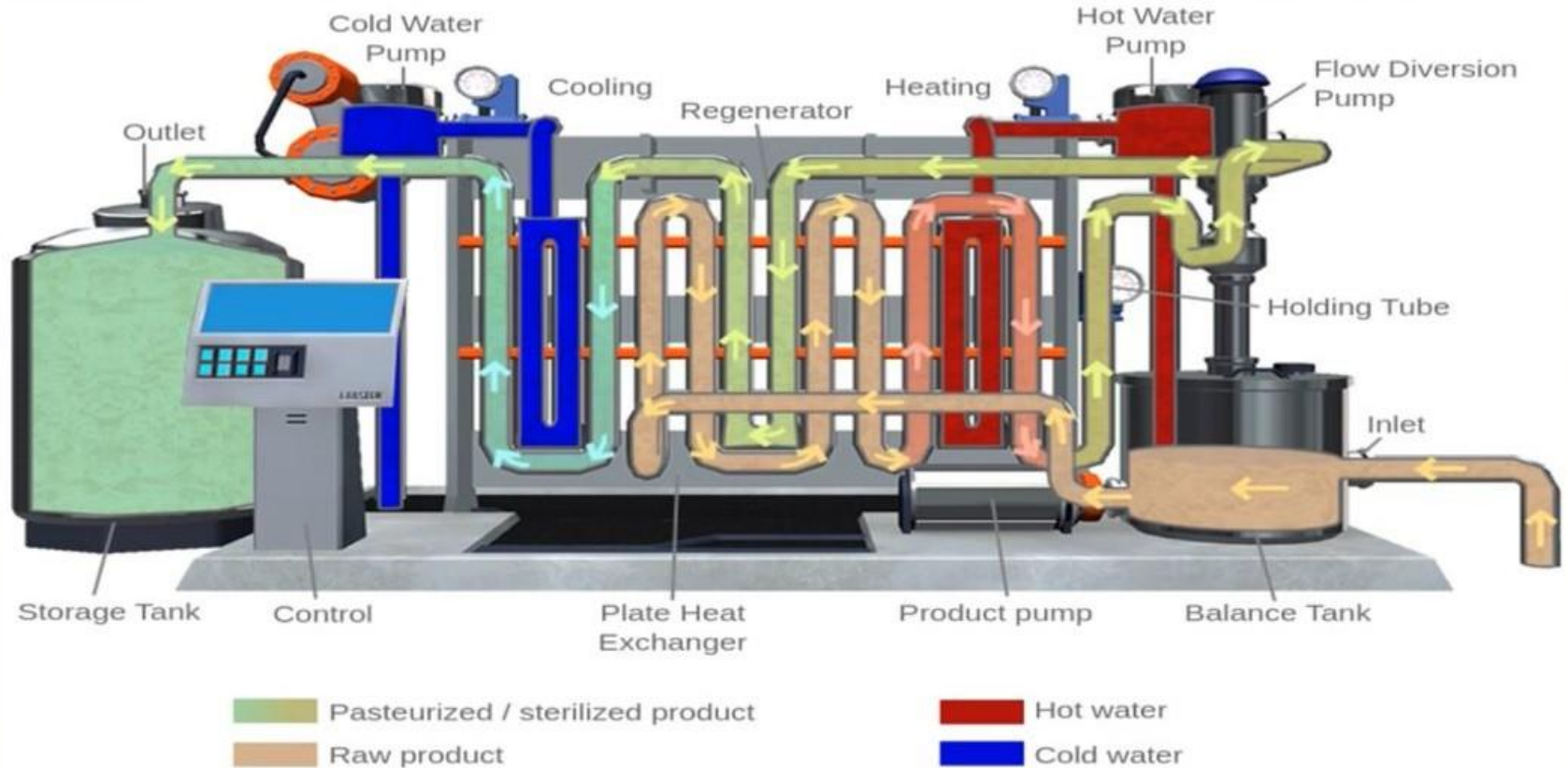
Plate Heat Exchanger



(i) Process equipment - Plate heat exchanger

a. Head Frame, b. Guide bar, c. Follower, d. End support, e. Carrying bar, f. Hinged distance piece, g. Tightening screw device
h. Detachable ratchet spanner, i. Bank of plates, j. Connector grid with inlet and outlet bosses

HTST



ADVANTAGES

- complete destruction of **Phosphatase enzyme**
- **Phosphatase Test : Detect adequacy of pasteurization**
- Pasteurization --- carried out at a heat treatment temperature above that for phosphatase inactivation and yet below that for cream line reduction.
- Pasteurization ensures complete destruction of pathogens, negative alkaline phosphatase test and least damage to the cream line

❖ Vacuum pasteurization (vacreation) : pasteurization of cream under reduced pressure by direct steam

-equipment used is called vacreator

Thermization: 62° C - 65° C for 15-20 seconds

❖ Sterilization : 115 ° C for 15 min. or 145 ° C for 3 sec to ensure preservation of milk at room temperature for a period of not less than 15 days.

❖ Sterilized milk shall show a negative turbidity test

Index organism for pasteurization : *Coxiella burnetti*

Shelf life of milk

- At room temp. for 3 hour immediately after milking
- Cooling at 5°C : 24 hours
- Pasteurization: 4-7 days
- UHT : few months

Loss of nutrients

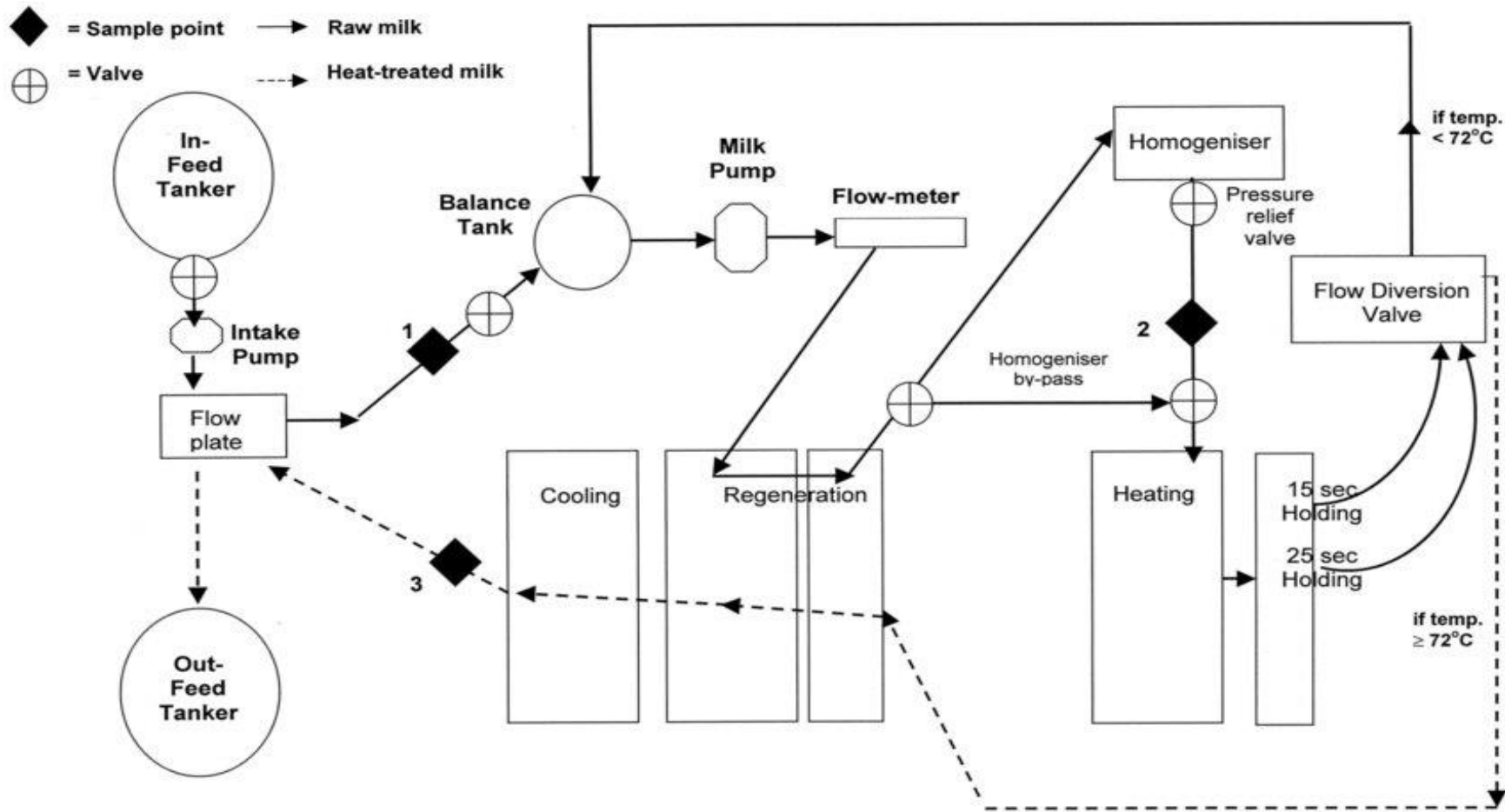
- **Pasteurization:** 10% Vitamin B1 and 20% of Vitamin C. Lactose - not much influenced by the normal pasteurization conditions
- **Sterilization:** 30-50% Vitamin B1 and 50% of Vitamin C
- Lactose- browning and isomerisation reactions

BACTOFUGATION

- ❖ process of removal of microorganisms from milk using **centrifugal force**.
- ❖ Most of the microorganisms are inactivated by pasteurization. However, the highly heat resistant spores survive pasteurization
- ❖ special form of separation of **microorganisms (99%)**, mainly spore formers (Bacilli/Clostridia)

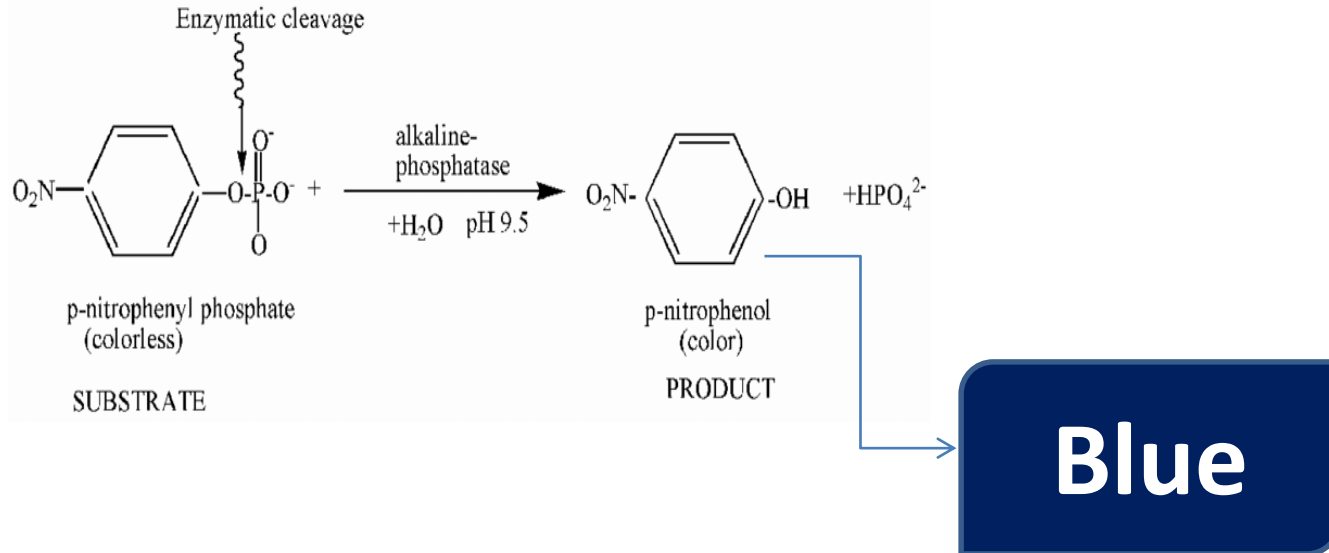
Homogenization

- Process in which fat globules in milk are broken down into smaller size ($<2 \mu\text{m}$) and distributed evenly into milk serum by applying high pressure.
- surface area increases by a four- to six- fold
- No cream can be separated from homogenized milk
- Principle: milk is forced at high pressure through a narrow valve with velocity 100 - 200 m/s. This can cause high shearing stresses, cavitations and micro-turbulence. The globules become deformed, wavy and then breakup.
- Temperature of 65-70°C (to inactivate lipase enzyme) and a pressure of 150 - 200 bar (15-20 MPa) and additional 5-10 Mpa in two stage homogenization



Efficiency of pasteurization

- Scharer Rapid Phosphatase Test.



- The shelf life of pasteurized milk kept at less than 8°C is: (PPSC 2016)
a) 1-2 days b) 3-5 days c) 6-8 days d) 10-15 days

- An indicator organism for efficient pasteurization is: (PPSC 2022)
 - a) *Mycobacterium tuberculosis*
 - b) *Coxiella burnetti*
 - c) *Mycobacterium bovis*
 - d) *Bacillus anthracis*

- Due to homogenization, area of milk fat increases (UPPSC)
- (a) 2 times (b) 3 times (c) 4 times (d) 5 times

- Efficacy of pasteurization is judged by: (PPSC 2016), (OPSC, MPPSC)
 - a) Dye reduction test
 - b) Alkaline phosphatase test
 - c) Amylase test
 - d) Malachite test

- Which of the following is not a part of lactoperoxidase system in milk (HPSC 2018)
 - a. Phosphatase
 - b. Hydrogen peroxide
 - c. Thiocyanate
 - d. Lactoperoxidase

- In a positive phosphatase test, a para-nitrophenol is liberated that gives..... colour under alkaline condition. (MPPSC)
[A] pink [B] violet [C] blue [D] yellow

- In the HTST type of pasteurisation of milk the temperature and time is (RPSC 2013)
 - (1) 73 °C to 76 °C for 60 seconds
 - (2) 75 °C to 78 °C for 45 seconds
 - (3) 72.2 °C to 72.8 °C for 15 seconds
 - (4) 74.2 °C to 75.2 °C for 30 seconds

COLOSTRUM V/S MILK

- ❑ colostrum - 1st milk or beestings (fed 1/10th of the body weight for 3-5 days)
- ❑ less water and **lactose** compared to milk
- ❑ **More protein**, fat, immunoglobulins, total solids
- ❑ contains **trypsin inhibitor** to protect immunoglobulins from digestion
- ❑ **antibodies transfer doesn't occur through placenta in ruminants**
- ❑ IgG1 > IgM > IgA > IgG2 (**IgG1** most abundant immunoglobulin in bovine milk while IgA in human mik)
- ❑ Contains Bifidus factor (Human milk)

Constituents	colostrum	milk
Water	70-74	87
Total solids	28	13
Fat	1-12(6)	4
Protein	21.3	3.3
Globulin	15.1	0
Casein	4.7	2.8
lactalbumin	1.5	0.5
lactose	2.5	4.9

Dairy Microbiology

- Milk is sterile at secretion in the udder
- contaminated by bacteria even before it leaves the udder
- Bacterial count of milk - 500-1000/ml (10000/ml when drawn in to pail)
- Freshly drawn milk has a temperature of approximately 38°C which is highly suitable for bacterial growth.

SOURCES OF CONTAMINATION

- a) Interior of the udder: bacterial count of milk varies between 500 and 1000/ml
- b) Environmental: bacteria accumulated on the surface of body get dislodged during the milking process and enter the pail contributing a load of 10,000 bacteria or more per ml. of milk
- c) Milker or Handler: typhoid fever, diphtheria, scarlet fever, septic sore throat
- d) Utensils
- e) Wholesaler, retailer and the vendor
- f) During transportation

Type of bacteria	Temp. range	Optimum growth temp.	Example
Mesophilic	20 & 40°C	37°C	S. aureus, E. coli
Thermophilic (Heat loving)	55-70° C	55° C	Bacillus stearothermophilus
Thermoduric (spore forming)	60-63° C	35-37°C	Micrococcus varians
Psychotropic (Cold loving)	Can survive refrigerated temp.	15 - 20°C	Pseudomonas sp. Alkaligenes sp.
coliforms		37° C	E.coli



Spores can
survive UHT

Thermophilic - can survive and grow above pasteurization temp. while
Thermoduric Can survive but not grow

TYPE OF MICROBES

Lactic acid bacteria (LAB): GRAS bacteria

- **Homofermentive:** able to ferment lactose to lactic acid e.g. *Lactobacillus acidophilus*, *L. delbrueckii*, *L. Helveticus*
- **Heterofermentative:** which produces end Products other than lactic acid e.g. *Lactobacillus brevis*, *Lactobacillus fermentum*, *Lactobacillus reuteri*

Milk fermentation

The process by which a change is produced in milk through microbial activity

General fermentation

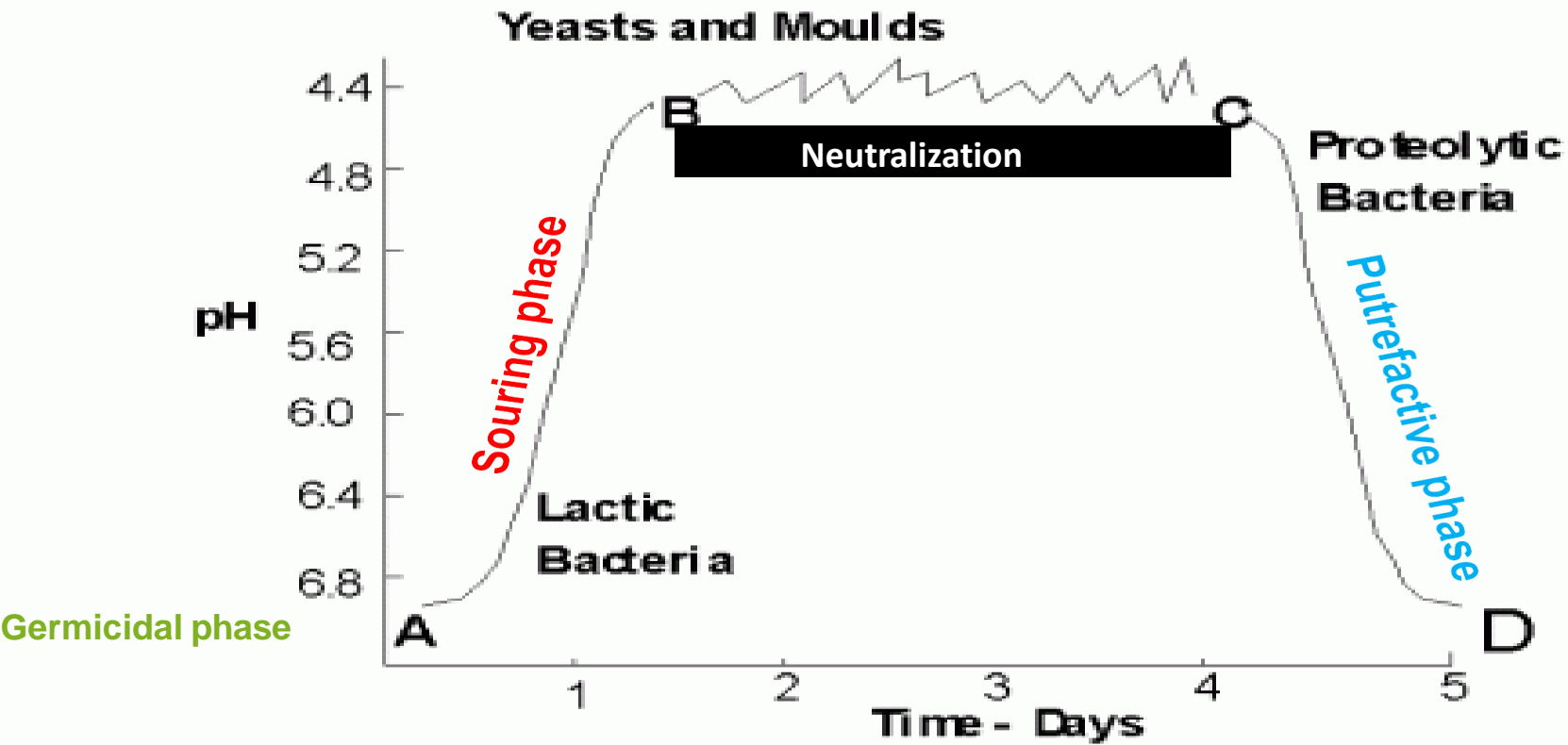


1. Germicidal (Destruction phase)
2. Souring phase
3. Neutralization
4. Putrefactive phase

Specific fermentation



1. Souring
2. Souring & gassiness
3. Proteolysis
4. Alkaline fermentation
5. Ropiness



F Natural Fermentation of Raw Milk

Souring/ curdling

due to the production of acidity (lactic acid from lactose) by lactic acid bacteria

Sour flavor is because of volatile acids, diacetyl and acetaldehyde

normal acidity of fresh milk	0.13 to 0.15%
Milk sours	0.20 to 0.25%
milk curdles	0.50 to 0.65%

- e.g. Lactococcus, Lactobacillus, Leuconostoc, Streptococcus and Enterococcus.

ROPINESS OR SLIMINESS

- growth of bacteria leading to change in consistency of the product that forms threads or viscous masses when poured.

-Ropiness because of Polysaccharides and Mucins

E.g. Alcaligenes viscolactis - More common, B.cereus, B.subtlis, Coli aerogenus group

PROTEOLYSIS

- casein or some insoluble casein derivatives are broken down to water soluble compounds through the action of microbes or their enzymes
- E.g. *Pseudomonas*, *Bacillus*
- Important for development of body and texture in Cheese

SWEET CURDLING

- curdling without pronounced acid production
- Due to production of rennin like enzymes by bacteria which causes precipitation of casein without production of acid
- E.g. *Bacillus cereus* , *B. subtilis*, *E.coli*

LIPOLYSIS

- hydrolysis of milk fat by lipase resulting in to the accumulation of free fatty acids
- butyric & caproic responsible for off flavors
- E.g. Pseudomonas

- Gas forming bacterias: *Coliaerogenus*, *Clostridium*
- *Coliaerogenus* group - *E.coli*, *Klebsiella*, *Enterobacter*
- possess the enzyme β -galactosidase, which is critical for lactose fermentation
- Stormy Fermentation: *Clostridium perfringens*